

Winnipeg is Better Than Chocolate

A continuation of CKUW's morning radio show 'Better Than Chocolate' (voted People's Choice for Favourite Spoken Word Show in 2008) in which I'll bring you news about Winnipeg happenings and people, and a few recipes and stories.

Have a great day. How can you miss - you're in Winnipeg!

JULY 11, 2011

Happenings at VitaHealth

We're proud to offer an exciting new line up of complimentary seminars as part of our Healthy Lifestyle Education Series.

Click [Vita News](#) to view [July Seminar topics and dates](#).

This is an exclusive opportunity to meet and talk with our in-house Naturopath, and this month we also have a Homeopath!

We're pumped to have the authors of *Eyefoods – A food plan for healthy eyes*. This book focuses on how to prevent eye disease through nutrition and lifestyle.

Please join us on Sunday, July 24 from 1:00 - 3:00 pm at our Osborne Village store for this exciting talk, store tour and book signing.

Interested in learning about a new topic? Let us know! Our in-house experts can tailor any seminar.

Please RSVP [VitaHealth](#) to reserve your seat.

We're proud to exclusively offer Lorenzo's Specialty products, baked fresh each week! Stop in today to stock up on your Gluten-Free favorites!

We currently have two openings:

Grocery Department Manager - Garden City Fresh Market.

Office Administrator - Osborne Village Head Office.

Please email to [VitaHealth](#).